

Check Out Top 9 rare fruits in the world

Fruit is a staple food for many cultures around the world, providing essential vitamins, minerals, and fiber for a healthy diet. While common fruits like apples, bananas, and grapes can be found at most grocery stores, there are many rare and exotic fruits that are lesser known but just as delicious. Here are the top 9 [rare fruits in the world](#):



Durian

Durian is a fruit native to Southeast Asia and is known for its unique flavor and strong odor. Despite its pungent smell, durian is highly sought after for its creamy and rich flesh, which is often described as having a sweet and nutty flavor.

Rambutan

Rambutan is a tropical fruit native to Southeast Asia, and is similar in appearance to a lychee. The fruit has a hairy red exterior and a sweet, juicy flesh inside. Rambutan is often used in desserts and drinks, and its flavor is described as a cross between a grape and a lychee. It is a great one among other rare fruits in the world.

Dragon Fruit

Dragon fruit, also known as pitahaya, is a brightly colored fruit native to Mexico and Central America. The fruit is distinctive for its bright pink or yellow exterior and white flesh, which has a sweet and slightly crunchy texture.

Jackfruit

Jackfruit is a tropical fruit native to India and is the largest tree-borne fruit in the world. The fruit has a tough exterior and a sweet, juicy flesh that can be eaten raw or cooked. Jackfruit is often used in curries and stews. More rare fruits in the world are below.

Ugli Fruit

Ugli fruit is a type of tangelo native to Jamaica and is a cross between a grapefruit, an orange, and a tangerine. The fruit has a rough exterior and a juicy, sweet flesh that is rich in vitamins and minerals. Ugli fruit is often used in juices and smoothies, and its bright flavor makes it a popular addition to salads and other dishes.

Star Fruit

You might know this as carambola as it is called that in southeast Asia. The fruit is shaped like a five-pointed star and has a sweet, juicy flesh that is rich in vitamins and minerals. Star fruit is often used in juices, salads, and other dishes, and is also a popular garnish for cocktails. You should definitely try this if you are interested in rare fruits in the world.

Tamarind

Tamarind is a tropical fruit native to Africa and is often used in Southeast Asian cuisine. The fruit has a tough exterior and a tart, sour flesh that is often used to add flavor to soups, sauces, and other dishes. Tamarind is also used to make sweet and sour candies, and is a popular ingredient in many traditional medicines.

Ackee

Ackee is a tropical fruit native to West Africa and is the national fruit of Jamaica. The fruit has a unique flavour and is often used in traditional Jamaican dishes like ackee and saltfish. The fruit is poisonous if consumed before it is fully ripe, so it is important to wait until it is fully mature before eating it. This one is one of the most tasty rare fruits in the world.

Soursop

Soursop is a tropical fruit native to Central and South America and is known for its sour, juicy flesh. The fruit is often used to make smoothies, juices, and other drinks, and is also a popular ingredient in traditional medicines. Soursop is rich in vitamins and minerals, and is also a good source of fiber. It is another one in the list of rare fruits in the world.